



BRING TRACK BACK

Accomplishments

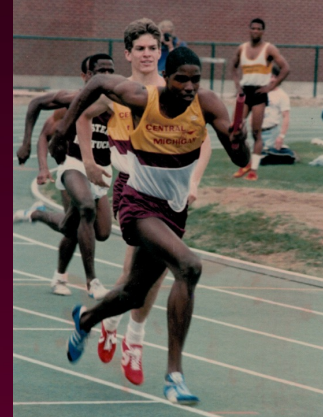
- Retired United States Army Lieutenant Colonel, 75th Division
- 31.5 years of military leadership
- B.S. – Industrial Management/Industrial Engineering Technology (1990)



Alfred Washington

Experience

As a young man from the city of Detroit and a 1985 graduate of Cass Technical High School, I spent 5 years at CMU and I benefited greatly, as did many others. The lessons you learn on and off the track remain with us for a lifetime. I often look back at my time at CMU and think about my coaches, teammates, classmates, and professors. I think to myself, I would do it all over again if I could. I don't believe I would have attended college if it were not for the CMU track and field scholarship I received. Track and Field has taken my life in a completely different direction. It has allowed me to join the ROTC program on campus and serve my country for 31.5 years. It provided me with an opportunity to obtain a quality education so that I could pursue my dreams and passions after military service. Track and field introduced me to some of the best people I have ever met in my life. This program is about more than money and financial statements; it's about providing an opportunity for young men to become men. An opportunity for men to push themselves to the limit under the tutelage of coaches, teammates, professors, and friends. There's no better place for a young man to become a man than on a college campus like CMU, where he is challenged every day to strive to be better than he was the day before.



When CMU provides scholarships and opportunities to young men they are providing more than an opportunity to receive an education, they are providing young men with an experience they will never receive again in life.

Our great university is at a crossroads that will have a major impact on several lives in the future, it is our responsibility to do everything we can to promote and encourage the young men of tomorrow to be the best they can be. Central Michigan University has a major role to play in the development of young men, I hope we can still count on CMU!

In closing, I want to say, when God calls me home I want to be buried in my military uniform with my CMU letterman jacket next to me. That's how much I love CENTRAL MICHIGAN UNIVERSITY and all that it has done to change my life.